



"Box" Menu

December 2024



	2	3	4	5	6
Breakfast	Crispy Rice, Peaches, Milk	Frosted Flakes, Apples, Milk	Eggo Pancakes, Mixed Fruit Cups, Milk	Croissants (WG), Apples, Milk	Scooters (WG), Oranges, Milk
Lunch/ Dinner	Pizza Sticks(WG), Peas & Carrots, Apples, Milk	Sunbutter & Jelly Sandwich, Green Beans, Peaches, Milk	Hot Dog & Bun (WG), Peas & Carrots, Apple Sauce, Milk	Cheese Sandwich, Peaches, Corn Cup, Milk	Chicken Patty & Buns (WG), Baby Carrots, Apples, Milk
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice	Chat Snax. Choice of Juice	Mini Snackers, Choice of Juice	Muffins, Choice of Juice
	9	10	11	12	13
Breakfast	Trix (WG), Apples, Milk	Corn Flakes, Peaches, Milk	Yogurt, Mixed Fruit Cup, Milk	Croissants (WG), Plums, Milk	Honey Scooters (WG), Apple, Milk
Lunch/ Dinner	Pizza Sticks (WG), Nectarines, Green Beans, Milk	Veggie Burger & Bun, Cheese, Peas & Carrots, Apples, Milk	Hot Dog & Bun (WG), Corn, Apple Sauce, Milk	Chesse Sandwich, Green Beans, Pears, Milk	Deli Sandwich (WG), Baby Peppers, Plums, Milk
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice	Wheat Crackers (WG), Choice of Juice	Honey Grahams, Choice of Juice	Chat Snax, Choice of Juice
	16	17	18	19	20
Breakfast	Crispy Rice, Peaches, Milk	Frosted Flakes, Apples, Milk	Eggo Pancakes, Mixed Fruit Cup, Milk	Croissants (WG), Peaches, Milk	Scooters (WG), Apples, Milk
Lunch/ Dinner	Pizza Sticks(WG), Peas & Carrots, Clementines, Milk	Sunbutter & Jelly Sandwiches, Corn, Apple Wedges, Milk	Hot Dog & Bun (WG), Green Beans, Apple Sauce, Milk	Cheese Sandwich, Peaches, Whole Baby Cukes, Milk	Chicken Salad, Slider Roll (WG), Baby Carrots, Peaches, Milk
Snack	Cheez Its, Choice of Juice	Pizza Crackers (WG), Choice of Juice	Chat Snax. Choice of Juice	Mini Snackers, Choice of Juice	Muffins, Choice of Juice
	23	24	CBS Closed 25	26	27
Breakfast	Trix, Plums, Milk	Corn Flakes, Apples, Milk	HAPPY HOLIDAYS	Croissants (WG), Plums, Milk	Honey Scooters (WG), Apples, Milk
Lunch/ Dinner	Pizza Sticks, (WG), Corn, Fresh Peaches, Milk	Chicken Nuggets, Slider Roll, Green Beans, Plums, Milk		Cheese Sandwich, Peas & Carrots, Apples, Milk	Deli Sandwich (WG), Baby Carrots, Clementines, Milk
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice		Honey Grahams, Choice of Juice	Chat Snax, Choice of Juice
	30	31			
Breakfast	Crispy Rice, Peaches, Milk	Frosted Flakes, Apples, Milk			
Lunch/ Dinner	Pizza Sticks (WG), Corn, Nectarines, Milk	Egg Salad Sandwiches, Green Beans, Peaches, Milk	Meals will only be provided on the 25th if requested.		
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice			

1% milk served to children age 3 and older,
Whole milk served to children age 1-2
years.

Choice of Juice: Fruit Punch / Apple /
Orange / Berry

*Supplied by Bulk/Supply deliveries. Please fill out online order form when in need of supplies or paper products.



MEAL PATTERNS



Breakfast

Serve Milk, Grains*, Vegetables or Fruit

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

*Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

Lunch/Supper

Serve all 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

* A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents

Snack

Serve 2 of the 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup - 1 % milk
Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq

**oz eq = ounce equivalents*