

"Box" Menu

February 2025



	Monday	TUESDAY	Wednesday	THURSDAY	FRIDAY
	3	4	5	6	7
Breakfast	Crispy Rice, Peaches, Milk	Frosted Flakes, Bananas, Milk	Eggo Pancakes, Mixed Fruit Cups, Milk	Croissants (WG) Apples, Milk	Scooters (WG), Oranges, Milk
Lunch/ Dinner	Pizza Sticks(WG), Cheese, Peas & Carrots, Apples, Milk	Sunbutter & Jam Sandwich, Green Beans, Peaches, Milk	Hot Dog & Bun (WG), Peas & Carrots, Apple Sauce, Milk	Cheese Sandwich, Peaches, Corn Cup, Milk	Chicken Patty & Bun, Baby Carrots, Apples, Milk
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice	Chat Snax. Choice of Juice	Chat Snax, Choice of Juice	Muffins, Choice of Juice
	10	11	12	13	14
Breakfast	Trix (WG), Apples, Milk	Corn Flakes, Apple Wedges, Milk	Yogurt, Mixed Fruit Cup, Milk	Croissants (WG), Orange Wedges, Milk	Honey Scooters (WG), Apple, Milk
Lunch/ Dinner	Pizza Sticks (WG), Cheese, Nectarines, Green Beans, Milk	Veggie Burger & Bun, Peas & Carrots, Apples, Milk	Hot Dog & Bun (WG), Corn, Apple Sauce, Milk	Chesse Sandwich, Green Beans, Apples, Milk	Deli Sandwich (WG), Baby Carrots, Plums, Milk
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice	Wheat Crackers (WG), Choice of Juice	Honey Grahams, Choice of Juice	Chat Snax, Choice of Juice
	17 CBS Closed	18	19	20	21
Breakfast	President's Day	Frosted Flakes, Apple Wedges, Milk	Eggo Pancakes, Mixed Fruit Cup, Milk	Croissants (WG), Bananas, Milk	Scooters (WG), Apples, Milk
Lunch/ Dinner		Sunbutter & Jam Sandwiches, Corn, Apple Wedges, Milk	Hot Dog & Bun (WG), Green Beans, Apple Sauce, Milk	Cheese Sandwich, Peaches, Peas & Carrots, Milk	Tuna Cups, Slider Roll (WG), Baby Carrots, Peaches, Milk
Snack		Pizza Crackers (WG), Choice of Juice	Chat Snax. Choice of Juice	Mini Snackers, Choice of Juice	Muffins, Choice of Juice
	24	25	26	27	28
Breakfast	Trix, Fresh Pears, Milk	Corn Flakes, Apple Wedges, Milk	Trix (WG)*, Bananas, Milk	Croissants (WG), Honey Dew Chunks, Milk	Honey Scooters (WG), Apples, Milk
Lunch/ Dinner	Pizza Sticks (WG), Cheese Corn, Fresh Peaches, Milk	Chicken Nuggets & Slider Roll (WG), Green Beans, Plums, Milk	Hot Dog & Bun (WG), Green Beans, Apple Sauce, Milk	Cheese Sandwich, Peas & Carrots, Apples, Milk	Deli Sandwich (WG), Baby Carrots, Clementines, Milk
Snack	Cheez Its, Choice of Juice	Animal Crackers (WG), Choice of Juice	Snack Loves, Choice of Juice	Honey Grahams, Choice of Juice	Chat Snax, Choice of Juice
Breakfast					
Lunch/ Dinner					
Snack					

*Supplied by Bulk/Supply deliveries. Please fill out online order form when in need of supplies or paper products.

1% milk served to children age 3 and older, Whole milk served to children age 1-2 years.

Choice of Juice: Fruit Punch / Apple / Orange / Berry



MEAL PATTERNS



Breakfast

Serve Milk, Grains*, Vegetables or Fruit

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

*Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

Lunch/Supper

Serve all 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

* A serving of milk is not required at supper meals for adults - * oz. eq = ounce equivalents

Snack

Serve 2 of the 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup - 1 % milk
Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq

*oz. eq = ounce equivalents

