




February 2025 "Hot" Menu



	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY
	3	4	5	6	7
Breakfast	Peaches*, Waffles, Milk	Scooters*(WG), Bananas, Milk	Maple Pancakes, MS Maple Sausage Patties, Pears*, Milk	Coco Puffs* (WG), Mixed Fruit*, Milk	Raisin Bread, Cream Cheese, Apple Sauce*, Milk
Lunch/Dinner	Lasagna, Mini Peppers, Apple Sauce*, Milk	Pizza Bagel, Cheese, Snap Peas, Peaches*, Milk	Chicken Patty, Bun (WG), Pineapple Chunks, Green Beans*, Milk	Sliders, Buns (WG), French Fries, Baby Carrots, Milk	Hot Dog & Bun (WG), Beans, Orange Wedges, Milk
Snack	Animal Crackers*(WG), Apple Juice*	Tiger Bites*, Milk	Maple Bites*, Milk	Muffins, Milk	Mini Snackers*, Grape Juice*
	10	11	12	13	14
Breakfast	French Toast (WG), Pears*, Milk	1/2 Bagel, Cheese, Apples, Milk	Philly Rolls (WG), Peaches*, Milk	Kix (WG)*, Mixed Fruit* Milk	Eggo Waffles, Apple Sauce*, Milk
Lunch/Dinner	Ziti, Peas & Carrots, Nectarines, Milk	MS Chik n Nuggets, Slider Roll (WG), Green Beans*, Mixed Fruit*, Milk	Penne with Blush Sauce, Snap Peas, Pineapple*, Milk	Pizza Sticks, Cheese, Mini Peppers, Apples, Milk	MS Veggie Burger, Bun (WG), Cheese, French Fries, Pears*, Milk
Snack	Tortilla Chips & Salsa	Cheez Its*, Grape Juice*	Corn Chips*, Pineapple Juice	Yogurt, Granola	Bananas, Animal Crackers*
	17 CBS CLOSED	18	19	20	21
Breakfast	President's Day	Corn Flakes (WG)*, Apple Wedges, Milk	Granola & Yogurt, Pears*, Milk	Scooters (WG)*, Bananas, Milk	French Toast, Peaches*, Milk
Lunch/Dinner		Spaghetti & Meatballs, Green Beans*, Pineapple*, Milk	Fish Sticks, Rice, Fresh Oranges, Green Beans*, Milk	Pasta Bolognese, Broccoli, Cantaloupe Chunks, Milk	Egg Salad Sandwiches (WG), Peas & Carrots, Apple Sauce*, Milk
Snack		Pretzels*, Grape Juice*	Muffins (WG), Milk	Corn Chips*, Apple Juice*	Mini Cinnamon Raisin Bagels, Cream Cheese, Milk
	24	25	26	27	28
Breakfast	Bagel, MS Sausage, Cheese, Pears*, Milk	Kix (WG)*, Apple Wedges, Milk	Pancakes, Honey Dew Chunks, Milk	Honey Scooters (WG)*, Mixed Fruit*, Milk	Waffles, Apple Sauce*, Milk
Lunch/Dinner	Chicken Nuggets, Dinner Roll (WG), Corn*, Mixed Fruit*, Milk	Chocolate Chickpea Butter Sandwiches, Mandarin Oranges, Corn*, Milk	Sliders & Buns (WG), French Fries, Corn*, Milk	Deli Sandwiches, Baby Carrots, Peaches*, Milk	Fish Sticks, Rice, Green Beans*, Clementines, Milk
Snack	French Toast Graham Crackers*, Milk	Lemon Blueberry Crisps, Milk	Cheddar Chex Milk*, Apple Juice*	Mini Snackers*, Grape Juice*	Animal Crackers*(WG), Chik Pea Dip
	if open on 17th / President's Day				
Breakfast	Choice of Cereal*, Choice of Fruit*, Milk				All Breakfasts and Lunches served with 1%
Lunch/Dinner	Sun Butter & Jam Sandwiches (WG), Peaches*, Carrots*, Milk				milk for children age 3 and older and Whole
Snack	Choice of Snack*, Choice of Juice OR Fruit*	Please record all "Choices" for the 17th on the Substitution Ledger			milk for children age 1-2 years.



MEAL PATTERNS



Breakfast

Serve Milk, Grains*, Vegetables or Fruit					
COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS	
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk	
Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup	
Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq	
<i>*Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per</i>					

Lunch/Supper

Serve all 5 components					
COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS	
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*	
Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup	
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup	
Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz	
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq	
<i>* A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents</i>					

Snack

Serve 2 of the 5 components					
COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS	
Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup -1 % milk	
Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup	
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup	
Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz	
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq	
<i>*oz eq = ounce equivalents</i>					