

"Box" Menu

April 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
Breakfast		Kix, Fruit Cup, Milk	Trix, Apple Sauce, Milk	Croissants (WG) Oranges, Milk	Eggo Waffles (WG), Apples, Milk
Lunch/ Dinner		Sunbutter & Jelly Sandwich, Green Beans, Apple Sauce, Milk	Hot Dog & Bun (WG), Peas & Carrots, Peaches, Milk	Cheese Sandwich, Pears, Corn Cup, Milk	Tuna Cups, Slider Buns (WG), Baby Carrots, Apples, Milk
Snack		Mini snackers (WG), Berry Juice	Pretzels. Orange Juice	Tiger Bites, Apple Juice	Muffins, Berry Juice
	7	8	9	10	11
Breakfast	Cocoa Puffs(WG), Peaches, Milk	Scooters, Apple Sauce, Milk	Yogurt, Mixed Fruit Cup, Milk	Corn Flakes(WG), Raisins, Milk	Philly Rolls (WG), Clementines, Milk
Lunch/ Dinner	Pizza Sticks (WG), String Cheese, Peaches, Green Beans, Milk	MS Chik N Nuggets, Peas & Carrots, Apples, Milk	Hot Dog & Bun (WG), Corn, Apple Sauce, Milk	Cheese Sandwich, Green Beans, Apples, Milk	Deli Meat, Kaiser Roll (WG), Baby Carrots, Apple Wedges, Milk
Snack	Cheez Its, Orange Juice	Animal Crackers (WG), Apple Juice	Snack Loaves (WG), Berry Juice	Honey Grahams, Orange Juice	Mini Snackers, Apple Juice
	14	15	16	17	18
Breakfast	Kix, Pears, Milk	Trix, Fruit Cup, Milk	Eggo Waffles, Apple Sauce, Milk	Croissants (WG), Peaches, Milk	Honey Scooters (WG), Bananas, Milk
Lunch/ Dinner	Pizza Sticks(WG), String Cheese, Peas & Carrots, Peaches, Milk	Sunbutter & Jelly Sandwiches, Corn, Apple Sauce, Milk	Chicken Nuggets, Green Beans, Pears, Milk	Cheese Sandwich, Apple Wedges, Peas & Carrots, Milk	Veggie Burger, Bun (WG), Baby Carrots, Peaches, Milk
Snack	Maple Bites, Berry Juice	Tiger Bites (WG),Orange Juice	Chat Snax. Apple Juice	Mini Snackers, Berry Juice	Muffins, Orange Juice
	21	22	23	24	25
Breakfast	Trix, Peaches, Milk	Crispy Rice, Apple Sauce, Milk	Yogurt, Granola (Individual Packs), Fruit Cup, Milk	Kix (WG), Apples, Milk	Croissants (WG), Pears , Milk
Lunch/ Dinner	Pizza Sticks, (WG), String Cheese, Corn, Fruit Cup, Milk	Chicken Patty, Roll (WG), Green Beans, Pears, Milk	Hot Dog & Bun (WG), Peas & Carrots, Peaches, Milk	Cheese Sandwich,Mini Peppers, Peaches, Milk	Deli Sandwich (WG), Baby Carrots, Apple Wedges, Milk
Snack	Pretzels, Apple Juice	Mini Snackers (WG), Berry Juice	Snack Loaves, Orange Juice	Honey Grahams, AppleJuice	Chat Snax, Berry Juice
	28	29	30		
Breakfast	Crispy Rice, Pears, Milk	Cocoa Puffs, Fruit Cup, Milk	Pancakes, Peaches, Milk		
Lunch/ Dinner	Pizza Sticks (WG), String cheese, Corn, Apples, Milk	Sunbutter & Jelly Sandwich, Green Beans, Peaches, Milk	Hot Dog & Bun (WG), Green Beans, Oranges, Milk		
Snack	Cheez Its, Orange Juice	Animal Crackers (WG), Apple Juice	Yogurt, Raisins		

*Supplied by Bulk/Supply deliveries. Please fill out online order form when in need of supplies or paper products.

1% milk served to children age 3 and older, Whole milk served to children age 1-2 years.

Choice of Juice: Fruit Punch / Apple / Orange / Berry



MEAL PATTERNS



Breakfast

Serve Milk, Grains*, Vegetables or Fruit

	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
	Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
	Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

**Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.*

Lunch/Supper

Serve all 5 components

	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
	Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
	Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
	Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
	Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

** A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents*

Snack

Serve 2 of the 5 components

	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup -1 % milk
	Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
	Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
	Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq

**oz eq = ounce equivalents*