



May 2025 Box Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2
Breakfast				Croissants (WG), Fresh Oranges, Milk	Eggo Waffles (WG), Apple Wedges, Milk
Lunch/ Dinner				Cheese Sandwich, Pears, Corn, Milk	Veggie Burger, Bun (WG), Baby Carrots, Pineapple, Milk
Snack				Tiger Bites, Apple Juice	Mini Snackers, Orange Juice
	5	6	7	8	9
Breakfast	Kix (WG), Raisins, Milk	Overnight Oats (WG), Peaches, Milk	Philly Rolls (WG), Clementines, Milk	Corn Flakes, Apple Sauce, Milk	Eggo French Toast (WG), Pears, Milk
Lunch/ Dinner	Pizza Sticks, String Cheese, Oranges, Green Beans, Milk	Chikpea Butter Sandwich (WG), Corn, Apple Sauce, Milk	Hot Dog, Bun (WG), Green Beans, Pears, Milk	MS Chik N Nuggets, Peas & Carrots, Mixed Melon Chunks, Milk	Tuna, Dinner Roll (WG), Corn, Mixed Fruit Cups, Milk
Snack	Animal Crackers (WG), Apple Juice	Cheddar Chex Mix (WG), Orange Juice	Snack Loaves (WG), Milk	Maple Bites, Orange Juice	Muffins (WG), Milk
	12	13	14	15	16
Breakfast	Trix (WG), Peaches, Milk	Scooters(WG), Mixed Fruit Cup, Milk	Corn Flakes, Oranges, Milk	Bagels & Cream Cheese, Peaches, Milk	Cinnamon Toast Crunch, Pears, Milk
Lunch/ Dinner	Pizza Sticks, String Cheese, Mini Peppers, Apples, Milk	Chicken Patty, Kaiser Roll (WG), Baby Carrots, Pears, Milk	Hot Dog, Bun (WG), Corn, Apples, Milk	Cheese Sandwich (WG), Apple Wedges, Green Beans, Milk	Deli Meat, Kaiser Roll (WG), Baby Carrots, Mixed Fruit Cup, Milk
Snack	Pretzels, Orange Juice	Honey Grahams, Milk	Cheez Its (WG), Apple Juice	Lemon Blueberry Crisps, Milk	String Cheese, Cherry Tomatoes
	19	20	21	22	23
Breakfast	Cheerios, Applesauce, Milk	Kix (WG), Pears, Milk	Coco Puffs, Mixed Fruit Cup, Milk	Croissants (WG), Peaches, Milk	Rice Krispies, Pears, Milk
Lunch/ Dinner	Pizza Sticks, String Cheese, Corn, Oranges, Milk	Hot Dog, Bun (WG), Green Beans,Oranges, Milk	Croissant (WG), Tuna, Peas & Carrots, Peaches, Milk	Cheese Sandwich (WG), Peas & Carrots, Cantaloupe Chunks, Milk	Deli Sandwich (WG), Green Beans, Clementines, Milk
Snack	Corn Chips (WG), Apple Juice	Tiger Bites, Milk	Yogurt, Raisins	Muffins, Milk	Animal Crackers, Apple Juice
	26 CBS CLOSED	27	28	29	30
Breakfast	Memorial Day	Trix (WG), Apples, Milk	Cinnamon Toast Crunch, Pears, Milk	Kix (WG), Apples, Milk	Yogurt, Granola (WG), Peaches, Milk
Lunch/ Dinner		Pizza Sticks, String cheese, Corn, Oranges, Milk	Hot Dog, Bun (WG), Fresh Snap Peas, Mixed Fruit Cups, Milk	Cheese Sandwich (WG), Mini Cucumbers, Oranges, Milk	Chicken Nuggets, Green Beans, Pineapple Chunks, Milk
Snack		Pretzels, Apple Juice	Cheddar Chex Mix (WG), Orange Juice	Animal Crackers, Chocolate Chikpea Dip	Honey Grahams, Orange Juice

IF Open on Memorial Day
Lunch: Chickpea Butter Sandwiches (WG), Baby Carrots, Apple Sauce*, Milk

1% milk served to children age 3 and older, Whole milk served to children age 1-2 years.

*Supplied by Bulk/Supply deliveries. Please fill out online order form when in need of supplies or paper products.



MEAL PATTERNS



Breakfast

Serve Milk, Grains*, Vegetables or Fruit					
	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
	Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
	Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

*Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

Lunch/Supper

Serve all 5 components					
	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
	Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
	Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
	Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
	Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq

* A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents

Snack

Serve 2 of the 5 components					
	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup -1 % milk
	Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
	Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
	Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq

*oz eq = ounce equivalents