





May 2025 "Hot" Menu



	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY
				1	2
Breakfast				Pancakes (WG), Apple Wedges, Milk	Eggo Waffles (WG), Pears*, Milk
Lunch/ Dinner				Chicken LoMein, Broccoli, Oranges, Milk	Veggie Burger, Bun (WG), French Fries, Mixed Fruit*, Milk
Snack				Pretzel Nuggets, Apple Juice*	Cheddar Chex Mix* (WG), Apple Juice*
	5	6	7	8	9
Breakfast	Overnight Oats (WG), Peaches*, Milk	Philly Rolls (WG), Clementines, Milk	Coco Puffs* (WG), Apple Sauce*, Milk	Eggo French Toast (WG), Mixed Fruit*, Milk	Honey Scooters* (WG), Apples, Milk
Lunch / Dinner	Deli Meat, Bread (WG), Corn*, Pears*, Milk	Penne & Blush Sauce, Green Beans*, Mixed Fruit*, Milk	MS Chik N Nuggets, Slider Roll (WG), Mixed Melon Chunks, French Fries, Milk	Hot Dog, Bun (WG), Beans, Corn*, Milk	Lasagna, Mini Peppers, Peaches*, Milk
Snack	Animal Crackers*, Apple Juice*	Snack Loaves (WG), Milk	Mini Snackers*, Grape Juice*	Muffins (WG), Milk	Yogurt, Granola
	12	13	14	15	16
Breakfast	Waffles (WG), Applesauce*, Milk	Trix* (WG), Peaches*, Milk	Bagels & Cream Cheese, Pears*, Milk	Cheerios* (WG), Bananas, Milk	Hash Brown, MS Sausage, English Muffin(WG), Milk
Lunch/ Dinner	Chicken Patty, Kaiser Roll (WG), Peas & Carrots, Mandarin Oranges, Milk	Pizza Bagels, Cheese, Green Beans*, Pears*, Milk	Tortilla (WG), MS Sausage Links, Cheese, Hash Brown, Applesauce*, Milk	Mac &Cheese, Baby Carrots, Mixed Fruit*, Milk	Fish Patties, Rice, Green Beans*, Honeydew Chunks, Milk
Snack	Maple Bites*, Milk	Cheez Its* (WG), Apple Juice*	Lemon Blueberry Crisps, Milk	String Cheese, Cherry Tomatoes	Honey Scooters*, Milk
	19	20	21	22	23
Breakfast	Rice Krispies*, Apples, Milk	Yogurt, Raisins, Milk	Kix* (WG), Pears*, Milk	Raisin Bread, Cream Cheese, Clementines, Milk	Waffles (WG), Apple, Milk
Lunch/ Dinner	Spaghetti & Meatballs, Peas, Mixed Fruit*, Milk	Croissants (WG), Tuna, Mandarin Oranges, Green Beans*, Milk	Zitti, Broccoli, Cantaloupe Chunks, Milk	Chicken Nuggets, Corn*, Roll (WG) Pineapple Chunks, Milk	Pasta Bolognese, Corn*, Nectarines, Milk
Snack	Cheddar Chex Mix* (WG), Apple Juice*	Mini Snackers*(WG), Grape Juice*	Muffins, Milk	Graham Crackers*, Milk	Pretzels*, Apple Juice*
	26 - CBS CLOSED	27	28	29	30
Breakfast	Memorial Day	Scooters* (WG), Peaches*, Milk	Croissants (WG), Applesauce*, Milk	Corn Flakes*, Bananas, Milk	Philly Rolls (WG), Pears*, Milk
Lunch / Dinner		Hot Dog, Bun (WG), Beans, Fresh Snap Peas, Milk	Lasagna, Green Beans*, Mixed Fruit*, Milk	Sliders, Buns (WG), French Fries, Peaches*, Milk	Deli Sandwiches (WG), Mini Cucumbers, Watermelon Chunks, Milk
Snack		Corn Chips* (WG), Apple Juice*	Animal Crackers*, Chocolate Chickpea Dip	Tortilla Chips (WG) & Guacamole	Tiger Bites*, Milk

	IF Open on Memorial Day Breakfast* and Snack* of Choice - record selections on sub ledger. Lunch: Chickpea Butter Sandwiches (WG), Baby Carrots, Apple Sauce*, Milk		*Supplied by Bulk/Supply deliveries. Please fill out online order form 2 weeks before supplies or paper products are needed.		All Breakfasts and Lunches served with 1% milk for children age 3 and older and Whole milk for children age 1-2 years.
<div><div></div><div>MEAL PATTERNS</div><div></div></div>					
Breakfast					
	Serve Milk, Grains*, Vegetables or Fruit				
	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
	Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
	Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq
	<i>meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week</i>				
Lunch/Supper					
	Serve all 5 components				
	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
	Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
	Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
	Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
	Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq
	<i>* A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents</i>				
Snack					
	Serve 2 of the 5 components				
	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
	Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup -1 % milk
	Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
	Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
	Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
	Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq
	<i>*oz eq = ounce equivalents</i>				