



April 2026 "Hot" Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
Breakfast			Scooters* (WG), Pineapple*, Milk	Trix * (WG), Pears*, Milk	Blueberry Chex* (WG), Apples, Milk
Lunch/ Dinner			Fish Sticks, Fries, Green Beans*, Peaches*, Milk	Sliders, Bun (WG), Peas & Carrots, Cantaloupe Chunks, Milk	Lasagna, Broccoli, Pears*, Milk
Snack			Animal Crackers* (WG), Milk	Mini Snackers*, Grape Juice*	Muffins (WG), Milk
	6	7	8	9	10
Breakfast	Bagel (WG), MS Sausage Patty Cheese, Mandarin Oranges, Milk	Croissants (WG), Peaches*, Milk	Honey Scooters* (WG), Apple Sauce*, Milk	Eggo Pancakes (WG), Pears*, Milk	Cinnamon Chex* (WG), Bananas, Milk
Lunch /Dinner	Veggie Burger, Bun (WG), Cheese, Mini Peppers, Mixed Fruit*, Milk	Pizza Sticks, String Cheese, Marinara Cups, Apple Wedges, Milk	Deli Meat, Bun (WG), Mayo, Baby Carrots, Mixed Fruit*, Milk	Hot Dog, Bun (WG), Beans, Honeydew Chunks, Milk	Mac & Cheese, Peas & Carrots, Pineapple Chunks, Milk
Snack	Chat Snax* (WG), Milk	Cheez Its *(WG), Apple Juice*	Chocolate Chex Mix (WG), Milk	Pretzels*, Mixed Fruit*	Snack N Loaves (WG), Milk
	13	14	15	16	17
Breakfast	French Toast Sticks (WG), Pears*, Milk	Eggo Froot Loop Waffles (WG), Apple Sauce*, Milk	Coco Puffs * (WG), Peaches*, Milk	Blueberry Chex* (WG), Mixed Fruit*, Milk	Pancakes, Applesauce*, Milk
Lunch/Dinner	Spaghetti & Meatballs, Green Beans*, Mixed Fruit*, Milk	Pizza Bagels, Cheese, Baby Carrots, Clementines, Milk	MS Chik N Nuggets, Dinner Roll, Corn*, Cantaloupe Chunks, Milk	Ziti, Fresh Snap Peas, Apple Slices, Milk	Seafood Bites, Rice, Peas, Honeydew Chunks, Milk
Snack	Cheddar Chex Mix* (WG), Apple Juice*	Scoops (WG), Salsa	Soft Pretzels, Mixed Fruit*	Maple Bites* (WG), Milk	BBQ Corn Chips* (WG), Apple Juice*
	20	21	22	23	24
Breakfast	Rice Chex* (WG), Peaches,* Milk	Eggo French Toast (WG), Apples, Milk	Philly Roll (WG), Clementines, Milk	Waffles, Blueberries, Milk	Trix* (WG), Applesauce*, Milk
Lunch/ Dinner	Penne & Blush Sauce, Celery Sticks, Pears*, Milk	Chicken Patty, Bun (WG), Peas, Mandarin Oranges, Milk	Sliders, Bun (WG), Corn*, Applesauce*, Milk	Deli Meat, Kaiser Rolls (WG), Mayo Packets, Baby Carrots, Pears*, Milk	Pretzel Dogs, Cherry Tomatoes, Pineapple Chunks, Milk
Snack	Graham Crackers* (WG), Milk	Animal Crackers * (WG), Apple Juice*	Strawberry Chex Mix (WG), Milk	Tortilla Chips (WG), Guacamole	Muffins (WG), Milk
	27	28	29	30	
Breakfast	Yogurt, Granola (WG), Peaches*, Milk	Coco Puffs* (WG), Mixed Fruit*, Milk	Bagel, Cream Cheese, Pears*, Milk	Corn Chex * (WG), Pineapple*, Milk	
Lunch / Dinner	BBQ Chicken Pockets, Peas & Carrots Pears*, Milk,	Pasta Bolognese, Fresh Green Beans, Clementines, Milk	Pretzel Chicken Tenders, Potato Poppers, Corn*, Pineapple*, Milk	Fish Sticks, Rice, Broccoli, Cantaloupe Chunks, Milk	
Snack	Chat Snax* (WG), Milk	Apple Wedges, String Cheese	Snack N Loaves (WG), Milk	Mini Snackers*, Apple Sauce*	

***Supplied by Bulk/Supply deliveries. Please fill out online order form 2 weeks before supplies or paper products are needed.**

**Children age 2 and older receive 1% milk.
Children age 12-24 months receive whole milk.**



MEAL PATTERNS



Breakfast

Serve Milk, Grains*, Vegetables or Fruit				
COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grains*	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq
<i>*Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per</i>				

Lunch/Supper

Serve all 5 components				
COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	2 servings 2 oz eq
<i>* A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents</i>				

Snack

Serve 2 of the 5 components				
COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup -1 % milk
Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
Grains	1/2 serving 1/2 oz eq	1/2 serving 1/2 oz eq	1 serving 1 oz eq	1 serving 1 oz eq
<i>*oz eq = ounce equivalents</i>				

How Much?

Canned Fruit & Veggies	1-2 years	3-5 years	6-12 years
Breakfast	Red scoop – ¼ cup	Green Scoop - ½ cup	Green Scoop – ½ cup
Lunch	1/8 cup	Red scoop – ¼ cup	Green Scoop – ½ cup
Snack	Green Scoop – ½ cup	Green Scoop – ½ cup	Black scoop – ¾ cup

Breakfast Foods	1-2 years	3-5 years	6-12 years
Bagels	½ each	1 each	1 each
Cereal	½ - 1 container/ package	1 container / package each	1 container / package each
Croissants	½ - 1 each	1 each	1 each
Eggo Waffles / Pancakes/ French Toast	½ pkg	½ pkg	1 pkg
French Toast Sticks	2 each	3 each	3 each
MS Sausage Patties	½ each	1 each	1 each
Pancakes	½ each	1 each	1 each
Philly Roll	½ each	1 each	1 each
Waffles	½ each	1 each	1 each
Yogurt	½ - 1 container each	1 each	1 each
Fresh Fruit	1-2 years	3-5 years	6-12 years
Apples	½ fruit	1 each	1 each
Apple Slices	½ pkg	1 pkg	1 pkg
Bananas	½ fruit	1 each	1 each
Blueberries	¼ cup	½ cup	½ cup
Chunk Fruit (Cantaloupe, Honey Dew, Pineapple)	Red Scoop - ¼ cup	Red Scoop - ¼ cup	Red Scoop - ¼ cup
Clementines	½ fruit	Whole fruit	Whole fruit
Strawberries	¼ cup (2-3 berries)	½ cup (4 berries)	½ cup (4 berries)
Fresh Veggies	1-2 years	3-5 years	6-12 years
Baby Carrots	2 carrots	4 carrots	4 carrots
Celery Sticks	½ pkg	1 pkg	1 pkg
Cherry Tomatoes	2 tomatoes	4 tomatoes	4 tomatoes
Fresh Green Beans	½ pkg	1 pkg	1 pkg
Fresh Snap Peas	3 each	5 each	8 each
Mini Peppers	1 each	2 each	2 each

Frozen Veggies	1-2 years	3-5 years	6-12 years
Broccoli	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
French Fries	3-4 fries (1/8 cup)	5-6 fries (1/4 cup)	7-9 fries (1/2 cup)
Hash Browns	½ each	1 each	1 each
Peas	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
Peas & Carrots	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
Potato Poppers	1/8 cup (3 poppers)	¼ cup (6 poppers)	1/2 cup (8 poppers)

Food	1-2 years	3-5 years	6-12 years
Baked Beans	Red Scoop - ¼ cup	Green Scoop – ½ cup	Green Scoop – ½ cup
BBQ Chicken Pockets	½ each	1 each	1 each
Beef Slider & Bun	½ - 1 each	1 each	1-2 each
Buns, Croissants, etc	½ -1 each	1 each	1 each
Calzones	1 each	1 each	2 each
Cheese Slices	½ each	1 each	1 each
Chicken Nuggets	2 nuggets	3 nuggets	4 nuggets
Chicken Patty & Bun	½ sandwich	Whole sandwich	Whole sandwich
Cream Cheese	½ - 1 pkg each	1 pkg each	1 pkg each
Deli Meat	2 slices	3 slices	4 slices
Fish Sticks	2 pieces	3 pieces	4 pieces
Hot Dog & Bun	½ each	1 each	1 each
Lasagna	Green scoop - ½ cup	Black scoop - ¾ cup	Blue scoop – 1 cup + 1/8 cup
Mac & Cheese	Black scoop – ¾ cup	Blue scoop – 1 cup	Blue scoop – 1 cup + 1/8 cup
Marinara Cups	1/2 – 1 each	1 each	1 each
Pasta Bolognese	Green Scoop – ½ cup	Black scoop - ¾ cup	Blue scoop – 1 cup + 1/8 cup
Pasta (plain or with sauce)	Red Scoop - ¼ cup	Green Scoop – ½ cup	Green Scoop – ½ cup
Penne & Blush Sauce	Green Scoop – ½ cup	Black scoop / ¾ cup	Blue scoop – 1 cup + 1/8 cup
Pizza Bagels & Cheese	1 bagel round / ½ cheese	2 bagel rounds / 1 cheese	2 bagel rounds / 1 cheese
Pizza Sticks	1	2	3
Pretzel Chicken Tenders	½ each	1 each	1 each
Pretzel Dogs	1 pretzel dog	2 pretzel dogs	2 pretzel dogs
Rice	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
Seafood Bites	2 pieces	3 pieces	4 pieces

Food (continued)	1-2 years	3-5 years	6-12 years
Spaghetti & Meatballs	Green scoop / ½ cup	Black scoop / ¾ cup	Blue scoop – 1 cup
String cheese	½ - 1	1	1
Veggie Cheese Burger	½ each	1 each	1 each
Ziti	Green Scoop – ½ cup	Black scoop / ¾ cup	Blue scoop – 1 cup + 1/8 cup

Snacks	1-2 years	3-5 years	6-12 years
Individual Packages	½ - 1 each	1 each	1 each
Juice	½ cup	½ cup	¾ cup
Salsa	Green Scoop – ½ cup	Green Scoop – ½ cup	Black scoop / ¾ cup
Soft Pretzels	½ each	1 each	1 each

These quantities are for the **minimum quantity** to be served. If you have extra and want to serve more you can always serve more – just not less!