November 2026 "Hot" Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2	3	4	5	6
Breakfast	Cinnamon Chex* (WG), Mixed Fruit*, Milk	Scooters* (WG), Mixed Fruit*, Milk	Yogurt, Strawberries, Milk	Scooters* (WG), Bananas, Milk	Trix* (WG), Grapes, Milk
Lunch/ Dinner	Chicken Nuggets, Potato Poppers, Peaches*, Milk	Spaghetti & Meatballs, Green Beans*, Pineapple*, Milk	Pizza Bagels, Cheese, Baby Carrots, Mixed Fruit*, Milk	Penne & Blush Sauce, Peas, Honeydew Chunks, Milk	Beef Sliders, Slider Bun (WG), Corn*, Pears*, Milk
Snack	Apple Cinnamon Snack N Loaves (WG), Milk	Tortilla Chips* (WG), Apple Wedges	Pretzels* (WG), Apple Juice*	Cheddar Chex Mix* (WG), Grape Juice*	Apples, Chat Snax* (WG)
	9	10	CBS CLOSED 11	12	13
Breakfast	Rice Chex* (WG), Mixed Fruit*, Milk	Granola (WG), Yogurt, Pears*, Milk	**Veterans Day**	Pancakes (WG), Mandarin Oranges, Milk	Corn Chex* (WG), Apples, Milk
Lunch /Dinner	Pizza Sticks, String Cheese, Marinara Cups, Oranges, Milk	Veggie Burger, Hamburger Bun (WG), Cheese, Baby Carrots, Pineapple*, Milk		Chicken Patty, Bun (WG), Potato Poppers, Peaches*, Milk	Mac & Cheese, Peas, Cantaloupe Chunks, Milk
Snack	Pizza Krunchers (WG), Grape Juice*	Graham Crackers* (WG), Milk		Strawberry Chex Mix (WG), Pears*	Animal Crackers* (WG), Mixed Fruit*
	16	17	18	19	20
Breakfast	Waffles, Applesauce*, Milk	Trix* (WG), Pears*, Milk	Philly Roll (WG), Pineapple*, Milk	Corn Chex* (WG), Mixed Fruit*, Milk	Eggo French Toast (WG), Fresh Pears, Milk
Lunch/Dinner	Zitti, Broccoli, Pears*, Milk	Spaghetti & Meat Balls, Green Beans*, Peaches*, Milk	Pretzel Chicken Tenders (WG), Fries, Applesauce*, Milk	Pretzel Dog, Corn*, Pears*, Milk	Fish Sticks, Fries, Cherry Tomatoes, Peaches*, Milk
Snack	Chat Snax* (WG), Apple Juice*	Chocolate Chip Muffins (WG), Milk	Soft Pretzels, Apple Juice*	Animal Crackers* (WG), Milk	Corn Chips* (WG), Grape Juice*
	23	24	25	CBS CLOSED 26	CBS CLOSED 27
Breakfast	Coco Puffs* (WG), Pineapple* Milk	Cinnamon Chex* (WG), Peaches*, Milk	Scooters * (WG), Applesauce*, Milk	**Thanksgiving**	**Thanksgiving Observance**
Lunch/ Dinner	Beef Sliders, Slider Bun (WG), Baby Carrots, Mixed Fruit*, Milk	MS Chik N Nuggets, Rice, Corn*, Pears*, Milk	Veggie Burgers, Bun (WG), Cheese, Green Beans*, Peaches*, Milk		
Snack	Banana Snack N Loaves (WG), Milk	Cheez Its* (WG), Apple Juice*	Maple Bites*, Milk		
	30		If open on the 11th	If open on the 26th	If open on the 27th
Breakfast	French Toast Sticks (WG), Pears*, Milk		Coco Puffs* (WG), Pears*, Milk	Trix* (WG), Pears*, Milk	Scooters* (WG), Applesauce*, Milk
Lunch / Dinner	Lasagna, Green Beans*, Pineapple*, Milk		Hot Dog, Bun (WG), Green Beans*, Mixed Fruit*, Milk	Deli Sandwiches (WG), Corn*, Peaches*, Milk	Hot Dogs, Bun (WG), Green Beans*, Mixed Fruit*, Milk
Snack	Chat Snax* (WG), Milk		Tiger Bites* (WG), Apple Juice*	BBQ Corn Chips*, Apple Juice*	Cheddar Chex Mix* (WG), Grape Juice*

Supplied by Bulk/Supply deliveries. Please fill out online order form 2 weeks before supplies or paper products are needed.

MEAL PATTERNS

Breakfast

Serve Milk, Grains*, Vegetables or Fruit

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk
Vegetables, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grains*	1/2 serving | 1/2 oz eq	1/2 serving | 1/2 oz eq	1 serving | 1 oz eq	2 servings | 2 oz eq

**Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per*

Lunch/Supper

Serve all 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	3/4 cup 1% milk	1 cup 1 % milk	1 cup 1 % milk*
Vegetables	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternates	1 oz	1 1/2 oz	2 oz	2 oz
Grains	1/2 serving | 1/2 oz eq	1/2 serving | 1/2 oz eq	1 serving | 1 oz eq	2 servings | 2 oz eq

** A serving of milk is not required at supper meals for adults - * oz eq = ounce equivalents*

Snack

Serve 2 of the 5 components

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup whole milk	1/2 cup - 1% milk	1 cup - 1 % milk	1 cup -1 % milk
Vegetables	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternates	1/2 oz	1/2 oz	1 oz	1 oz
Grains	1/2 serving | 1/2 oz eq	1/2 serving | 1/2 oz eq	1 serving | 1 oz eq	1 serving | 1 oz eq

**oz eq = ounce equivalents*

How Much?

Canned Fruit & Veggies	**1-2 years**	**3-5 years**	**6-12 years**
Breakfast	**Red scoop – ¼ cup**	**Green Scoop - ½ cup**	**Green Scoop – ½ cup**
Lunch	**1/8 cup**	**Red scoop – ¼ cup**	**Green Scoop – ½ cup**
Snack	**Green Scoop – ½ cup**	**Green Scoop – ½ cup**	**Black scoop – ¾ cup**

Breakfast Foods	**1-2 years**	**3-5 years**	**6-12 years**
Cereal	1 container/ package each	1 container / package each	1 container / package each
Pancakes	½ each	1 each	1 each
French Toast Sticks	2 each	3 each	3 each
Eggo Waffles / Pancakes/ French Toast	½ pkg or 1 each	½ pkg or 1 each	½ pkg or 1 each
Waffles	½ each	1 each	1 each
Philly Roll	½ each	1 each	1 each
Fresh Fruit	**1-2 years**	**3-5 years**	**6-12 years**
Bananas	½ fruit	1 each	1 each
Apples	½ fruit	1 each	1 each
Chunk Fruit (Cantaloupe, Honey Dew, Pineapple	Red Scoop - ¼ cup	Red Scoop - ¼ cup	Red Scoop - ¼ cup
Apple Wedges	½ - 1 pkg	1 pkg	1 pkg
Strawberries	Red Scoop - ¼ cup	Red Scoop - ¼ cup	Red Scoop - ¼ cup
Grapes	¼ cup	½ cup	½ cup
Fresh Veggies	**1-2 years**	**3-5 years**	**6-12 years**
Baby Carrots	2 carrots	4 carrots	4 carrots
Marinara Cups	½ each	1 each	1 each
Sweet Mini Peppers	1 each	2 each	2-3 each
Cherry Tomatoes	2 each	3 each	4 each
Mini Cucumbers			
Frozen Veggies	**1-2 years**	**3-5 years**	**6-12 years**
Peas	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
French Fries	3-4 fries (1/8 cup)	5-6 fries (1/4 cup)	7-9 fries (1/2 cup)
Peas & Carrots	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
Broccoli	1/8 cup	Red Scoop - ¼ cup	Green Scoop – ½ cup
Potato Poppers	1/8 cup (3 poppers)	¼ cup (6 poppers)	1/2 cup (8 poppers)

Food	1-2 years	3-5 years	6-12 years
Spaghetti & Meatballs	**Green scoop** / ½ cup	**Black scoop** / ¾ cup	**Blue scoop** – 1 cup
Buns, Croissants, etc	½ -1 each	1 each	1 each
Pizza Sticks	1	2	3
String cheese	½ - 1	1	1
Mac & Cheese	**Black scoop** – ¾ cup	**Blue scoop** – 1 cup	**Blue scoop** – 1 cup + 1/8 cup
Lasagna	**Green scoop** - ½ cup	**Black scoop** - ¾ cup	**Blue scoop** – 1 cup + 1/8 cup
Veggie Cheese Burger	½ each	1 each	1 each
Pizza Bagels & Cheese	1 bagel / ½ cheese	2 bagels/ 1 cheese	2 bagels / 1 cheese
Chicken Patty & Bun	½ sandwich	Whole sandwich	Whole sandwich
Ziti	**Green Scoop –** ½ cup	**Black scoop** / ¾ cup	**Blue scoop** – 1 cup + 1/8 cup
Penne & Blush Sauce	**Green Scoop –** ½ cup	**Black scoop** / ¾ cup	**Blue scoop** – 1 cup + 1/8 cup
Beef Slider & Bun	½ - 1 each	1 each	1-2 each
Fish Patty & Bun	½ sandwich	Whole sandwich	Whole sandwich
Chicken Nuggets	2 nuggets	3 nuggets	4 nuggets
Pretzel Chicken Tenders	½ - 1 each	1 each	1 each
Pretzel Dogs	½ - 1 each	1 each	1 each
Hot Dog & Bun	½ - 1 each	1 each	1 each
Deli Meat	2 slices	3 slices	4 slices
Fish Sticks	2 each	3 each	4 each
Yogurt	½ - 1 container	1 container	1 container

Snacks	1-2 years	3-5 years	6-12 years
Individual Packages	½ - 1 each	1 each	1 each
Juice	½ cup	½ cup	¾ cup
Salsa	**Green Scoop –** ½ cup	**Green Scoop –** ½ cup	**Black scoop** / ¾ cup
Soft Pretzels	½ each	1 each	1 each

These quantities are for the **minimum quantity** to be served. If you have extra and want to serve more you can always serve more – just not less!